

LAKE WATER QUALITY MONITORING METHODS

The following parameters are tested at each lake:

- Dissolved Oxygen (DO);
- Turbidity;
- Conductivity;
- Temperature;
- Salinity;
- Total Phosphorus (TP);
- Transparency (Secchi Disk);
- Chlorophyll-a (Cl-a);
- pH.

Lakes are sampled every two weeks from May to September. Monitoring is conducted by boat at the deepest area of the lake. These sites are located using a portable depth finder or GPS. Conductivity, pH, turbidity, DO, salinity and temperature are measured using the Horiba Water Checker® U-10 multi-probe at a depth of one meter. Water samples are collected with a Kemmerer sampler from a depth of one meter, to be analyzed by an independent laboratory (MVT Labs) for chlorophyll-a and total phosphorus. Sample bottles are provided by the laboratory. Total phosphorus sample bottles contain preservative sulfuric acid (H₂SO₄), while bottles for Chlorophyll-a analyses are wrapped in aluminum foil to exclude light. Water samples are kept on ice and delivered to the laboratory within 24 hours.

Transparency is measured using a Secchi disk. The disk is lowered over the shaded side of the boat until it disappears and is then pulled up to the point where it reappears again. The midpoint between these two depths is the Secchi disk measurement.

To evaluate the lake, results are compared to other lakes in the region and past readings at the lake. Comparisons to other lakes are based on the Metropolitan Council's lake quality grading system and the Carlson's Trophic State Index for the North Central Hardwood Forest ecoregion. Historical data for each lake can be obtained from the U.S. EPA's national water quality database, STORET, via the Minnesota Pollution Control Agency.

Lake Water Quality Questions and Answers

This section is intended to answer basic questions about the Anoka Conservation District's methodology for monitoring lake water quality and interpreting the data.

Q- Which parameters did you test and what do they mean?

A- The table on the following page outlines technical information about the parameters measured, which include:

pH- This test measures if the lake water is basic or acidic. A pH reading of greater than 7 signifies that the lake is basic and a reading of less than 7 means the lake is acidic. Many fish and other aquatic organisms need a pH in the range of 6.5 to 9.0 in order to remain viable. Eutrophic lakes are often pH basic (pH = >7). The pH of a lake will fluctuate daily and seasonally due to algal photosynthesis, runoff, and other factors.

Conductivity- This is a measure of the amount of dissolved minerals in the lake. Although every lake has a certain amount of dissolved matter, high conductivity readings may indicate additional inputs from sources such as storm water, agricultural runoff, or from failing septic systems.

Turbidity- This is a measure of the amount of solid material suspended in the water column, due to "muddiness" or algae.

Dissolved Oxygen (DO) - Sources of dissolved oxygen include the atmosphere, aeration from stream inflow, and submerged plants in the lake creating oxygen through photosynthesis. During the winter, ice can restrict the supply of oxygen to the lake (limited aeration and dark conditions under snow-covered ice limiting photosynthesis). Dissolved oxygen is consumed by organisms in the lake and by the decomposition processes. Dissolved oxygen is essential to the metabolism of all aquatic organisms and low dissolved oxygen is often the reason for fish kills. Extremely low DO concentrations at the lake bottom can also trigger a chemical reaction that causes phosphorus to be released from the sediment into the water column.

Salinity- This parameter measures the amount of dissolved salts in the water. Dissolved salts in a lake are not naturally occurring in Anoka County. High

salinity measurements may be the result of inputs from other sources such as failing septic systems, spring runoff from roads, and farm field runoff.

Temperature- Fish species are sensitive to water temperature. Lake trout and salmon prefer temperatures between 46-56°F, while bass and pan fish will withstand temperatures of 76°F or greater. Temperature also affects the amount of dissolved oxygen that the water can hold in solution. At warmer temperatures, oxygen is readily released to the atmosphere and dissolved oxygen concentrations fall.

Secchi Transparency- A Secchi disk is a device used to measure transparency or clarity of the lake. Transparency is directly related to the amount of algae and suspended solids in the water column. A Secchi disk is a white and black disk attached to the end of a rope that is marked 0.1-foot intervals. The disk is lowered over the shaded side of the boat until it disappears and then pulled up to the point where it reappears again. The midpoint between these two points is the Secchi disk measurement. Shallow measurements typically indicate abundant algae and/or suspended solids.

Total Phosphorus (TP) - Phosphorus is an essential nutrient. Algal growth is normally limited by low phosphorous supplies. However, phosphorous inputs can rapidly stimulate growth of algae. A single pound of phosphorus can result in 500 pounds of algal growth. Large amounts of algae reduce water clarity, deplete dissolved oxygen levels when the algae decays, and degrade aesthetics for recreation. Minnesota Pollution Control Agency standards designate a lake in our ecoregion as “impaired” if average summertime phosphorus is >40 µg/L (or 60 ug/L for shallow lakes). Sources of phosphorus include runoff from agricultural land, runoff carrying fertilizer from lakeshore properties, failing septic systems, pet wastes, and storm water runoff. The lake itself can also be a source of phosphorus. High levels of total phosphorus contained in the bottom sediments of lakes can be released when the sediment is disturbed through recreation or animal activity, or when dissolved oxygen levels are low.

Chlorophyll-a (Cl-a) - Chlorophyll-a is the inorganic portion of all green plants that absorbs the light needed for photosynthesis. Chlorophyll-a measurements are used to indicate the concentration of algae in the water column. It does not provide an indication of large plant (macrophytes) or filamentous algae abundance.

Lake Water Quality Monitoring Parameters

Parameter	Units	Reporting Limit	Accuracy	Average Summer Range for North Central Hardwood Forest
pH	pH units	0.01	± .05	8.6 - 8.8
Conductivity	mS/cm	0.01	± 1%	0.3 - 0.4
Turbidity	FNRU	1	± 3%	1-2
D.O.	mg/L	0.01	± 0.1	N/A
Temperature	°C	0.1	± 0.17 °	N/A
Salinity	%	0.01	± 0.1%	N/A
T.P.	µg/L	1	NA	23 – 50
Cl-a	µg/L	1	NA	5 – 27
Secchi Depth	ft	NA	NA	4.9 - 10.5
	m			1.49 – 3.2

Q- Lakes are often compared to the “ecoregion.” What does this mean?

A- We compare our lakes to other lakes in the same ecoregion. The U.S. Environmental Protection Agency mapped regions of the U.S based on soils, landform, potential natural vegetation, and land use. These regions are referred to as ecoregions. Minnesota has seven ecoregions. Anoka County is in the North Central Hardwood Forest ecoregion. Reference lakes, deemed to be representative and minimally impacted by man (e.g., no point source wastewater discharges, no large urban areas in the watershed, etc.), were sampled in each ecoregion to establish a standard range for water quality that should be expected in each ecoregion. The average summer range of water quality values in the table above (pg. 13) are the inter-quartile range (25th to 75th percentile) of the reference lakes for the North Central Hardwood Forest ecoregion. This provides a range of values that represent the central tendency of the reference lakes’ water quality.

Q- What do the lake physical condition and recreational suitability numbers mean?

A- The Minnesota Pollution Control Agency has established a subjective ranking system that ACD staff use during each lake visit (see adjacent table). Ranks are based purely upon the observer’s perceptions. These physical and recreational rankings are designed to give a narrative description of algae levels (physical condition) and recreational suitability of each lake. While the physical condition is straight-forward, the recreational suitability may be complicated by the impacts of both water quality and dense aquatic vegetation (the influence of these two factors is not separated in the ranking).

Lake Physical and Recreational Conditions Ranking System

	Rank	Interpretation
Physical Condition	1	crystal clear
	2	some algae
	3	definite algae
	4	high algae
	5	severe bloom
Recreational Suitability	1	beautiful
	2	minimal problems, excellent swimming and boating
	3	Slightly swimming impaired
	4	no swimming / boating ok
	5	no swimming or boating

Q- What is the lake quality letter grading system?

A- The Metropolitan Council developed the lake water quality report card in 1989 (see table below). Each lake receives a letter grade, that is based on average summertime (May-Sept) chlorophyll-a, total phosphorus and Secchi depth. In the same way that a teacher would grade students on a “curve,” the lake grading system compares each lake only to other lakes in the region. Thus, a lake that gets an “A” in the Twin Cities Metro might only get a “C” in northern Minnesota. The goal of this grading system is to provide a single, easily understandable description of lake water quality.

Lake Grading System Criteria

Grade	Percentile	TP (µg/L)	Cl-a (µg/L)	Secchi Disk (m)
A	< 10	<23	<10	>3.0
B	10 - 30	23 – 32	10 - 20	2.2 - 3.0
C	30 – 70	32 – 68	20 – 48	1.2 – 2.2
D	70 – 90	68 – 152	48 – 77	0.7 – 1.2
F	> 90	> 152	> 77	< 0.7

Q- What is the Carlson Trophic State Index?

A- Carlson’s Trophic State Index (see figure below) is a number used to describe a lake’s stage of eutrophication (nutrient level, amount of algae). The index ranges from oligotrophic (clear, nutrient poor lakes) to hypereutrophic (green, nutrient overloaded lakes). The index values generally range between 0 and 100 with increasing values indicating more eutrophic conditions. Unlike the lake letter grading system, the Carlson’s Trophic State Index does not compare lakes only within the same ecoregion; it is a scale used worldwide.

There are four trophic state index values: one for phosphorus, chlorophyll-a, and transparency, plus an overall trophic state index value which is a composite of the others. The indices are abbreviated as follows:

TSI- Overall Trophic State Index.

TSIP- Trophic State Index for Phosphorus.

TSIS- Trophic State Index for Secchi transparency.

TSIC- Trophic State Index for the inorganic part of algae, Chlorophyll-a.

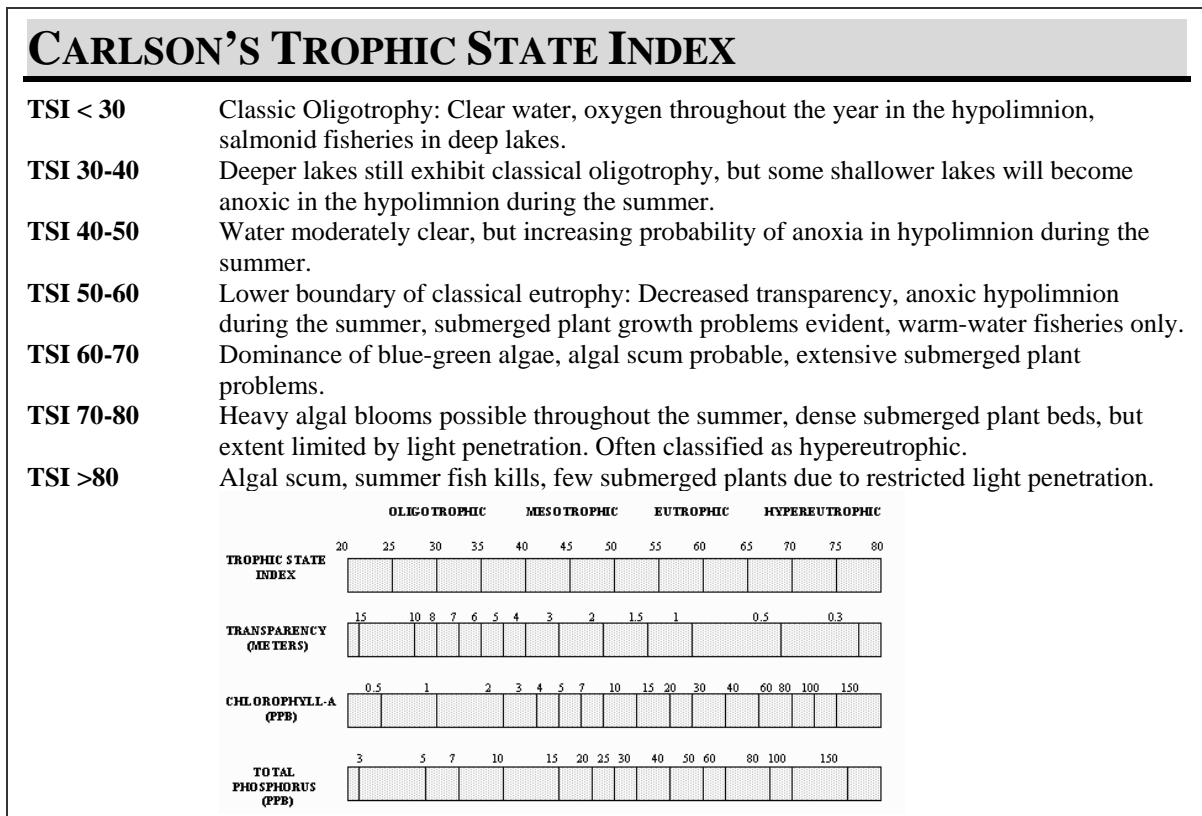
Trophic state indices are calculated monthly. At the conclusion of the monitoring season, the summertime (May to September) average for each trophic state index is calculated.

Q- What does the “trophic state” of a lake mean?

A- Lakes fall into four categories, or trophic states, based on lake productivity and clarity.

1. Oligotrophic- In these lakes, nutrients (total phosphorus and nitrogen) are low. Oligotrophic lakes are the deepest and clearest of all lakes, but the least productive (i.e. least amount of plants and fish due to lack of nutrients).
2. Mesotrophic- In these lakes, plant nutrients are available in limited quantities allowing for some, but not excessive plant growth. These lakes are still considered relatively clear. Northern Minnesota walleye and lake trout lakes are usually mesotrophic.
3. Eutrophic- In these lakes, the water is nutrient-rich. Productivity is high for both plants and fish. Abundant plant life, especially algae, results in poorer water clarity and can reduce the dissolved oxygen content when it decays. Algae blooms in the “dog days of summer” are commonplace. Bass and panfish are usually large components of the fish community, but rough fish can become problematic.
4. Hypereutrophic- In these lakes, nutrients are extremely abundant. Algae are grossly abundant, starving all other plants of light. The poor conditions often favor rough fish over game fish. These lakes have the poorest recreational potential.

Carlson's Trophic State Index Scale



Q- At what concentrations do total phosphorus and chlorophyll-a become a problem in lake water?

A- Lakes in the North Central Hardwood Forests have a certain criteria set for both total phosphorus and chlorophyll-a. For total phosphorus, the concentration for primary contact, recreation and aesthetics set at < 40 µg/L (60 µg/L in shallow lakes). For chlorophyll-a, the average concentrations range from 5 to 22 µg/L, with maximums ranging from 7 to 37 µg/L. Once these set limits have been reached or exceeded, noticeable and excessive plant and algae growth will be observed.

Q- How do lakes change throughout the year and how does this affect water quality?

A- Water temperature is very important to the function of lakes. Lakes undergo seasonal changes that can influence water quality conditions. Because many Anoka County lakes are shallow (< 20 ft), some of the seasonal changes that are typical for deep lakes do not occur. The following discussion does not apply to these shallow lakes.

In the summer after the lake has warmed, deep lakes typically will be divided into three layers (stratified) based on the water's temperature and density; the well-mixed upper layer (epilimnion); the middle transition layer (metalimnion); and the cool, deep bottom layer (hypolimnion). The hypolimnion is usually depleted of oxygen because of decomposition of organic matter, the lack of photosynthesis, and because there is no contact with the surface where gas exchange with air can occur. Nutrients attached to sediment or decomposing organic material also fall into the hypolimnion where they are temporarily or permanently lost from the system. This is one reason deep lakes are usually not as nutrient rich and do not experience algae problems like shallow lakes.

In the autumn, the water near the surface eventually cools to the same temperature as the water at the bottom of the lake. When the water is of uniform temperature from top to bottom, it is easily mixed by the wind. This mixes nutrients that were formerly trapped at the bottom and may cause an autumn algal bloom. If the algal bloom is too severe, it could be detrimental to the lake during the winter when it is covered with ice. These algae will decay

consuming dissolved oxygen, already impaired due to ice over, which may lead to a winter kill. This situation is typically observed in shallow eutrophic and/or hypereutrophic lakes.

In winter an inverse thermal stratification sets up. Ice is less dense than water and therefore floats. The coldest water is nearest the surface. Water has a maximum density at 4° C, and that water is found at the bottom. The reversal of the temperature layers in spring and fall is called "turning over."

In spring, the lake "turns over" with the warmer water rising to the top and the colder sinking to the bottom. When this occurs, nutrients needed for plant growth (total phosphorus and nitrogen) are distributed throughout the lake from the bottom. As solar radiation slowly warms the deeper lakes during the spring and summer, the lake starts to stratify into the three layers again, this time with the warmest water on top.

Q- How do we determine if there is trend of improving or worsening lake water quality?

A- Because of inherent natural variation, lake water quality is not the same each year. Sorting out this natural variation from true trends is best accomplished with statistical tests that see the data objectively. When at least 5 years of monitoring data are present, ACD staff test for lake trends using a Multivariate Analysis of Variance (MANOVA). MANOVA tests the vector response of correlated response variables (Secchi depth, total phosphorus, and chlorophyll-a) while maintaining the probability of making a type I error (rejecting a true null hypothesis) at $\alpha = 0.05$. In other words we are simultaneously testing the three most important measurements of lake water quality. Testing each response variable separately would increase the chance of making a type I error.

